

Preoperative Instructions

Please understand your appointment time may change due to our fluid surgical schedule that includes emergencies. Our office will confirm your surgery time 24 – 48 hours prior to your appointment. If you are unable to be contacted your appointment will be cancelled.

The following is a list of preoperative instructions which will simplify your surgical appointment.

- Do not have <u>anything to eat or drink after midnight</u> prior to the appointment. Failure to comply could cause a serious risk to your health and life.
- 2. A responsible adult (family member or friend), who can drive, must accompany you and kindly remain in the office during your surgery. Please no pick up's and drop offs. A responsible adult should be with you 24 hrs after surgery.
- 3. If you are taking medications on a regular basis, continue to do so unless otherwise instructed. You may take morning medications with a sip of water only.
- 4. It is not advisable to bring children to the office the day of your surgery.
- 5. Wear loose fitting clothing that has **short sleeves** for the day of surgery.
- 6. Please do not wear jewelry, high heeled shoes, "flip flops", or contact lenses.
- 7. Please remove nail polish and/or gel, acrylic, nexgen nails on both index fingers prior to appointment. We place a device on your finger to monitor your vital signs during surgery.

Our goal is to provide you with a safe, pleasant and effective anesthetic. Failure to comply with the above instructions will result in your appointment being rescheduled. Please feel free to ask or call about any question's concerning your surgery or anesthetic.